

Twickenham & Richmond TRIBUNE

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TickerTape - News in Brief

Prudential RideLondon-Surrey Classic

The Classic Professional Cycle race will start in Bushy Park this Sunday 4th August at 14:10 - riders to meet in Diana Pond car park

View the map and route [HERE](#) and view the timetable [HERE](#)

Prudential RideLondon-Surrey 100 & 46: These races take place on Sunday August 4 and will involve various road closures across the borough.

To find more information visit www.prudentialridelondon.co.uk/events

You can view the **100** route map [HERE](#)

You can view the **46** route map [HERE](#)

The Hampton Fund

The Mayor of Richmond upon Thames relaunched the Hampton Fund this week, a charity that aims to improve the quality of life for residents who have fallen on hard times.

For over 200 years Hampton Fuel Allotment Charity has been supporting the local community. Through careful stewardship of its funds, the charity provides over £2M each year to tackle need and improve quality of life for residents in the borough.

People on low income living in the Hamptons, Teddington, Twickenham and Whitton can apply to the annual Fuel Grant Scheme. Each year over 1,500 families and individuals are helped with the cost of their gas and electricity bills. In addition, 79 community grants to the value of £1.339M were awarded to local charities and community groups.

St Mary's On Songs Of Praise

St Mary's University is being featured on Songs of Praise this weekend on Sunday 4th August at 13.15 on BBC One - You can see a preview [HERE](#)

Teddington Cannabis Farm

Teddington Police reported today that a cannabis factory had been found at a residential address off Kingston Road, with over 100 plants discovered.



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This weekend sees the Prudential RideLondon, which will, once again, see thousands of cyclists racing through

Richmond Borough.

Our borough is well known for its enthusiasm for cycling and this will offer the opportunity for residents to throng the roadsides and cheer on the competitors.

TwickerSeal will be loading up his bike basket with a picnic and pedalling to Bushy Park to watch the Classic race.

It's just a shame that our cycling infrastructure in the borough remains so poor, with woeful (and often dangerous) cycle lanes and crossings.

Instead we have the new, questionable, 20mph speed limit; improving cycling facilities might have been preferable to lots of shiny new signs. At least the new speed limits won't affect TwickerSeal, as he doesn't have a car and bicycles are, ahem, incapable of going above 20mph anyway.



PART 138 – WHERE IS THE WHITTON BOUNDARY?

This week our travels return us to Whitton where a 1951 multi-view postcard provides plenty of interest. Two different



views of the High Street show just what a world without traffic might look like and there is Kneller Hall anchoring the images in the middle of the card.

Bottom left is “Whitton Church” or to give it its full title - The Church of St. Philip and St. James. Situated between Hounslow Road and Kneller Roads it even boasts its own bus stop. (Where the bus talks to you and says “Whitton Church”). Constructed in 1862 this is a Church of England place of worship.

Our second church (bottom right) is a bit of a conundrum. I had always assumed All Hallows church was in Twickenham as it is south of the Chertsey Road (A316). Perhaps the postcard publisher ran out of images of Whitton.

Anyway our second postcard shows All Hallows on the Chertsey Road. I bet not many of you have seen the road this empty in daylight. The vehicles suggest it was taken in the late 40s or early 50s

The third postcard is an excellent close-up photograph of the church taken by Peter Devenish. I suspect it is a 1950s postcard although there are no other clues to that statement.



The church itself is the continuation of Christopher Wren’s All Hallows church in Lombard Street, in the City of London. The building was demolished in 1939 and its stone square tower, bells, stone cloister, and interior fittings and furnishings moved to the new site in Twickenham. It was consecrated in November 1940. It styles itself as a vibrant and friendly church within the liberal catholic tradition of the Church of England.

I’d appreciate someone writing to the Tribune letters page to define the Twickenham / Whitton border if there is such a thing? Preferably no entries from Estate Agents as I think they make it up as they go along!

My search for old postcards continues. I am always looking for old postcards and old photograph albums etc. The postcards can be British or Foreign, black and white or coloured and of places or subjects. If you have any that are sitting unwanted in a drawer, in a box in the loft or in the garage or under a bed, please contact me on 07875 578398 or alanwinter192@hotmail.com I would like to see them and I pay cash!



The Tribune wishes to thank to Erica White who has been the Tribune's Arts and Entertainment columnist since the online newspaper was established. Erica hands over to Emma; we wish her luck with the task of keeping readers informed about the arts world in our area.

Saturday 3 August 10-12.00 Hampton Hill Theatre, TW12 1NZ. Another opportunity to visit and tour around the jewel of Hampton Hill. All welcome. No charge. Free coffee and biscuits.

Info: www.teddingtontheatreclub.org.uk

Sunday, 4 August. 8.00. Hampton Hill Theatre. Outside The Box Comedy Club presents LEE HURST, with MAFF BROWN, BARRY CASTAGNOLA & ISZI LAWRENCE.

Info: www.outsidetheboxcomedy.co.uk

Saturday 14 – Saturday 21 September: 7.45 (Sunday, 15: 3.00) The Mary Wallace Theatre, TW1 3DU. Richmond. Shakespeare Society's production of THE FATHER by Florian Zeller, translated by Christopher Hampton.

Sunday 15 Saturday, 21 September: 7.45 (Sunday, 15: 4.00) Hampton Hill Theatre, in the Studio. TW12 1 NZ. Teddington Theatre Club's production of MARVIN'S ROOM by Scott McPherson.

Info: www.teddingtontheatreclub.org.uk

Saturday 28 September - Friday, 4 October: 7.45 (Sunday, 29: 6.00) At Hampton Hill Theatre, Main Auditorium: DAISY PULLS IT OFF by Denise Deegan.

Info: www.teddingtontheatreclub.org.uk

Ongoing. Orleans House Gallery: SUMMER EXHIBITION. Other exhibitions also continue.

Info: www.orleanshousegallery.org

Ongoing. Wednesdays-Sundays, 12 noon-4.00. Turners House. Exhibitions: MINIATURE LANDS OF MYTH AND MEMORY. Don't miss. Wander around the garden now in full bloom.

Info: www.turnershouse.org

Ongoing- 24 August. 9.30-6.00, (Mon-Fri, Sat.-4.00) Riverside Gallery, TW9 1TP. Richmond Printmakers exhibit TRANSFORMATION. Works of art from plain, unblemished wood, metal, stone, lino or silk. Info: www.richmond.gov.uk/arts

Until 16 August: The Exchange, TW1 1BE Exhibition documenting THE BEATLES IN TWICKENHAM, including the making A Hard Day's Night filmed at the Turks Head, and Hel! Made in Ailsa Avenue, St Margaret's.

Info: www.exchangetwickenham.co.uk

Jazz, rock, and blues music enthusiasts who head to the bars at The Cabbage Patch Pub in London Road are advised to visit Twickfolk, Twickenham Jazz Club and Eel Pie Club websites to check what's on. Sunday 28 July, Twickfolk invite you to another of its popular SINGAROUND when you can join in with your own song or not, or just sit and listen.

Info: www.twickfolk.co.uk

Tuesday, 2 SEPTEMBER. Twickenham Jazz Club Summer break through August.

Info: www.twickenhamjazzclub.co.uk

All The World's A Stage at Richmond Theatre, Sunday 15 September, Tickets Free, 120 years of history of Richmond Theatre presented by Theatre Director Brendan Riding with Mark Fox of the Matcham Society and Paul Velluet of the Richmond Local History Society.

Until September. THE PUPPET BARGE returns to the Riverside at Richmond, opposite the Terrace Gardens, TW10 6UT. Three programmes on different dates through 3 months.

Info: www.puppetbarge.com

If you are interested in advertising an Arts & Entertainment event write to Emma at contact@twickenhamtribune.com for further information.



The Tree Agency

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THE FATHER

by Florian Zeller (translated by Christopher Hampton)

After the fun and laughter of MUCHADO in the Open Air Theatre, the RSS is preparing a drama in quite a different vein, to be performed in our own Mary Wallace Theatre, on the Thames riverside in Twickenham in September.



French author and playwright, Florian Zeller, has only just turned 40, but already has five novels and a baker's dozen of plays to his credit, with an impressive tally of awards and nominations to his credit. Described as "one of the most exciting voices in modern drama" his plays have been staged in more than 40 countries. English language productions have benefited from his close collaboration with Christopher Hampton who has acted as translator for his plays since first spotting the young Frenchman's talent in 2011 after seeing the original Paris production of "La Verite" (*The Truth*).

The first of Zeller's plays to be staged in the UK was "The Father", which premiered in 2014 at the Ustinov Studio of the Theatre Royal in Bath to 5-star acclaim from critics and audiences alike and was named by The Guardian as best play of the year. Both the play and the actor in the eponymous leading role won, or were nominated for, major theatrical awards - an achievement that was repeated when the production transferred to Broadway in 2016.

Five more of Zeller's plays, all translated by Christopher Hampton, have since been produced in the UK - "The Mother", "The Son", "The Truth", "The Lie", and "The Height of the Storm" with stellar casts and sell-out audiences. Why not come along to the Mary Wallace Theatre and see "The Father" of them all?

Playing dates for THE FATHER - September 14th - 21st

Booking on RSS website - www.richmondshakespeare.org.uk

And following that, for October, a controversial *HAMLET* - check our Season's leaflet and you will see what we mean!

An advertisement for Shanawaz Express. The background is a collage of various spices and ingredients, including a mortar and pestle, a bowl of black peppercorns, a bowl of yellow lentils, a red chili pepper, and several walnuts. The text 'Shanawaz express' is written in a large, stylized font, with 'Shanawaz' in green and 'express' in red. Below this, the text 'CONTEMPORARY INDIAN TAKEAWAY' is written in a smaller, black font. In the top right corner, the address 'Twickenham Green TW2 5AH' is displayed. In the bottom right corner, the phone number '020 88934881' and the website 'www.shanawazexpress.co.uk' are listed. A small box contains the text 'Health Conscious? Why not have your dishes cooked with olive oil for an extra 60p'. Another box contains the text 'ALLERGY ADVICE Please note that some of our dishes contain dairy, nuts, eggs and other allergens. If you suffer from any food allergies, please make sure to inform us before placing your order.'

Prime Minister supports the protection of Udney Park Playing Fields

Back in the summer of 2015, before Quantum purchased Udney Park Playing Fields from Imperial College, the future of these grass Playing Fields came to the attention of the then Mayor of London.

Tony Arbour, Greater London Assembly (GLA) member for London South West, raised the issue of Udney Park at Mayor's Question Time on 15 July 2015. He asked the following question:

“Given your concerns about the loss of playing fields in London, do you share my concerns about the potential sale and development of the 13-acre Teddington Sports Ground owned by Imperial College, in breach of covenants designed to ensure that the Ground be used for sport in perpetuity, and will you do all you can to ensure that these valued playing fields are protected?”

The then Mayor, now our Prime Minister, Boris Johnson replied:

“The London Plan policy is absolutely clear that you cannot have a loss of open space unless you have equivalent or better provision. I note that Udney Park was donated in 1937 specifically for use as rugby union pitches. It would be an absolute scandal and an outrage if that land was lost for that purpose.”

In GLA's response to the statutory consultation on the Quantum Planning Application to build on Udney Park, the GLA Planning Officer confirmed that the residential carve up proposed by Quantum was not necessary to improve access to Udney Park Playing Fields for the community:

“It is acknowledged that the proposed development would provide enhanced sporting facilities. However, this could be achieved through the redevelopment of the site in a manner that accords with the relevant London Plan.”

The applicant has not presented evidence that the proposal meets the tests set out in the National Planning Policy Framework (NPPF). Therefore, the proposed development on a locally protected open space and playing fields does not accord with the NPPF and London Plan and is not supported.”

Quantum's marketing machine tries to suggest only opposing them are a small group of residents. On the contrary, the list of organisations against building on Udney Park Playing Fields is long, impressive and the community is resolute.

To that list of opponents we can now add the Prime Minister.

Please oppose Quantum and support “Plan B”, our community-led alternative future for Udney Park Playing Fields.



Kew Village Market – Keep Calm and Market On

Have you been to Kew Village Market www.kewvillagemarket.org which is organised on the first Sunday morning of the month?

The market is run by volunteers and is certainly worth a visit. Easy to reach by tube from Richmond (it is just outside the station) the market offers a variety of food and crafts, along with live music.



Should you need an extra reason for taking a civilised stroll up to the village for this Sunday's market, here it is: the **Ride London** cycle race will be on, creating chaos with local road closures, so KVM will be quite the nicest place to be. There'll be over **40 stalls** but do check the [website list](#) first as, it being the high holiday season, some of our regulars may be away. The good news is we've room to welcome some intriguing newcomers...

SUP-YOGA & SUP-PILATES CLASSES IN TWICKENHAM

SUP-Yoga & SUP-Pilates classes offer a unique, dynamic and fun way to challenge your fitness on water! The sessions are taken on anchored paddleboards floating on water. The buoyancy of the water adds intensity to every movement and makes a refreshing change from usual mat classes. The classes suit all levels and abilities. EPIC SUP are running SUP-Yoga and SUP-Pilates classes from Twickenham Rowing Club, this summer.

To book or for enquiries contact: coach@epicsup.org



A new mural for Whitton Station agreed in Dragon's Den style competition

Whitton Station will receive a new, calming and tranquil mural, thanks to the efforts of a group of young people from schools across the borough.

The young people were taking part in the National Citizen Service Challenge. At an event held last week, teams of youngsters from schools across the borough, battled it out with their community project ideas. Each team pitched their proposal to a team of Pitch Advisors comprising Cllr Frost, Cllr Curran, Cllr Nicholson and Cllr Coelho. Each reviewed the projects, quizzed the teams and then made a decision as to which one should receive the funding.



Team Perham (made up of students from St Catherine's School, Teddington School, Hampton School Sixth Form and St Richard Reynolds Catholic High School) were the crowned winners. They proposed a mental health project. They are planning to create a mural for Whitton Station of a calming and tranquil scene. The young people designed and distributed a copy of their landscape plan mural to all pitch advisors, which is inspired by a Garden Market of the 1870s.

To fund the project, the young people will be doing a sponsored walk in Syon Park. They are also hoping to raise money for plans that promote relaxation.

Cllr Penny Frost, Chair of the Education and Children's Services Committee, said: "Congratulations to all the young people who took part in this competition. Each of the teams had to develop a business strategy, action plan, ideas for fundraising, budget plan and present their ideas."

"Each of the teams rose to the challenge and myself and the other pitch advisors had a tough choice! I look forward to seeing the final project delivered."



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Southwestern Railway engineering works and station closures



Sunday 11 August

The lines between **Barnes and Feltham via Hounslow** will be closed **Sunday until late morning** for maintenance work.

- Trains between London Waterloo and Woking via Staines will be **diverted** between Barnes and Feltham, calling at Richmond and Twickenham.
- **Buses** will run between Barnes and Feltham via Brentford and Hounslow.

The normal train service will run on this route from about 1100

Sunday 18 August

All lines in the **Feltham area** will be closed all day **Sunday** for maintenance work.

- An hourly service will run between London Waterloo and Reading and will be **diverted** between Clapham Junction and **Virginia Water**, also calling at Wimbledon, Weybridge, Addlestone and Chertsey. Where possible, passengers should use these train services to avoid the buses.
- Train services will run between London Waterloo and **Hounslow** via Richmond and Twickenham, also via Brentford.
- A shuttle **bus** service will run between **Hounslow** and **Staines**.
- An hourly train service will run between Staines and **Reading**.
- A shuttle train service will run between Staines and **Windsor & Eton Riverside**.
- A **revised** train service will run between Staines and **Woking** via Virginia Water.

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The Father

by **Florian Zeller**

(translated by **Christopher Hampton**)

Directed by Stephen Oliver

Richmond Shakespeare Society



at the Mary Wallace Theatre

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Theatre**

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September 2019**

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"The shadows are closing in"

TfL announce new bus routes and additional changes to existing bus routes affected by the closure of Hammersmith Bridge.

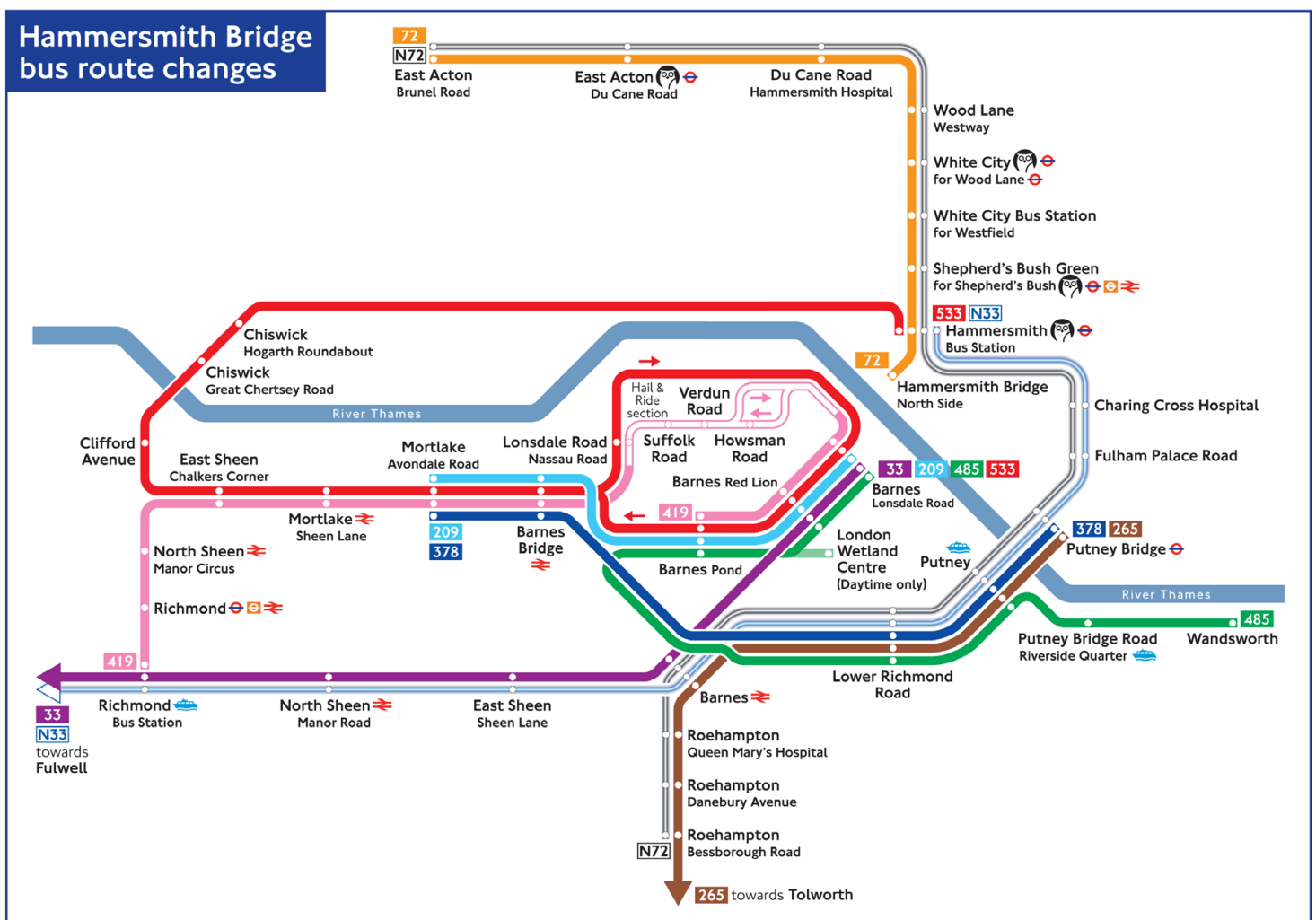
In [Edition 141](#) the Tribune reported on changes to bus routes owing to the closure of Hammersmith Bridge.

TfL have now announced further changes, which come into effect from **Saturday 3 August 2019**.

These changes are:

- Route 209 has been altered to run between Mortlake and Hammersmith Bridge (south side).
- TfL are introducing a new route – the 378 – which runs between Mortlake and Putney Bridge.

Below is an overview map of affected routes (from Saturday 3 August 2019). *Click image to view full size PDF*



River Crane Sanctuary



Keep Cool

Dunnock on the RSPB Amber List

The Red, Amber and Green codings are assigned to species to highlight those who need better protection due to declining numbers or other issues and we can find out more on the [RSPB Site](http://www.rspb.org.uk) by looking up any birds in their A to Z chart. People were worried that songbirds on the Red List might be affected by aggressive Magpies (Green Listed) and the RSPB carried out research to investigate if there was a link between Magpie numbers and Songbird declining

numbers. They found no evidence for this link and concluded that the absence of food sources and nesting sites were the more likely culprits. This highlights the importance of protecting identified areas where songbirds and other endangered wildlife are thriving in our congested urban spaces. Unfortunately, there are big incentives to prepare a plot for building permission and no “Nanny 911 for Nature”, as yet, to say “No. You can’t have it!” We have to rely on our Councillors, Planners and Environmental Guardians to exhibit some TRUE GRIT.



Beware, Beware! He sees you there in his jacket black and white. A beak so sharp and eye blue black He hunts into the night.

An opera star with song pure clear it carries on the air. Repeating tunes to entice our ears

Have you ever seen a Pair?

So much to do. So much to do.

I flitter here and there. My frame is small but my voice is loud. Catch me if you dare.



Song Thrush – smaller than the Mistlethrush



Wren in a rare moment of rest

The River Crane Sanctuary website <http://e-voice.org.uk/rcs/>

A Bridge Too Far? - From Ham to Radnor Gardens

The idea of a pedestrian/cycling bridge from Ham to Twickenham has been around for a number of years and was one of the early topics when the Tribune was established in 2016.

A number of Strawberry Hill residents have queried whether a bridge from Ham to Radnor Gardens, in quiet Strawberry Hill, would encourage shoppers from Ham to go to Twickenham town centre when there is a wide choice of shops in Richmond and Kingston, both areas not too far from Ham?



Radnor Gardens - Photo by Berkley Driscoll

Of course, residents in Strawberry Hill and Teddington are aware that there is a pedestrian/cycling bridge at Teddington Lock which is probably about a 5-minute cycle away from Radnor Gardens - only a couple of minutes in a car - and Teddington is well known for its array of interesting and varied shops.

Residents in Strawberry Hill have been informed that if the Radnor/Ham bridge goes ahead a roundabout would be built at the Cross Deep/Popes Grove junction but local people are only too aware of the current traffic and parking problems at drop off and pick up times at the two schools facing each other at precisely this point.

As the Radnor Gardens/Ham proposal is being spoken about at this time local residents need to have a say **now** before it goes too far. It is understood that there is no support for this scheme from amenity groups on the Strawberry Hill side of the river.

Clare Head, the Chairman of the Friends of Radnor Gardens (FoRG) recently made the following comment to the Tribune:

"When I was the LBRUT Cabinet Member for Traffic and Transport in 2010/11 the scheme was explained to me. I was not able to support it for the following reasons.

The bridge on the Ham side would go on Metropolitan Open Land (MOL). MOL is protected by the London Plan and the Borough's Local plan. Permitted developments are on a completely different and tiny scale compared to the proposal for the bridge.

The cost of a Thames Bridge was put at £19 million 9 years ago.

Local residents would have to be consulted about the considerable impact on the small-scale domestic nature of the local environment that this bridge would have."

The LBRUT consultation closed in January 2019, <https://haveyoursay.citizenspace.com/richmondcs/thames-bridge/>, but there is more awareness of the proposal now since the group proposing the scheme has recently distributed leaflets locally.

Send your letters to contact@twickenhamtribune.com

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Huge donation of vintage designer stock for sale at bargain prices for one day only on Wednesday 7th August at Boutique by Shelter, Richmond – 10am-6pm

A fabulous hoard of vintage haute couture will be on sale for the first time at Boutique by Shelter Richmond from 10am-4pm **Wednesday 7th August**, with must have items from a 30-year collection of bespoke couture from fashion houses all over the world. Once they're gone, they're gone.

This is a once in a lifetime chance to buy la crème de la crème of haute couture and vintage designer clothing from the 70's, 80's and 90's at bargain prices, whilst supporting the most incredible charity and making a positive step away from fast fashion.

The collection is in impeccable condition, with many pieces having only been worn once. London is indisputably one of the best spots in the world for charity shopping.



On the day there will also be a whole host of fun for the children, such as face-painting, dressing-up boxes, a raffle with some great prizes including a large LEGO Star Wars set and Jo Malone treats so your family can share the fun.

The main aim is to celebrate Shelter, raising as much money as we can to support the fight against homelessness. The amount that we raise will be match funded by U+I Plc, so come down and buy some exquisite ladies haute couture clothing and browse through the many other items on offer, whilst doing your bit for the planet, homelessness, and your wardrobe!

With all proceeds going to Shelter – a vital charity helping millions of people every year struggling with bad housing or homelessness, offering advice, support and legal services. To find out more information about Shelter, please click [HERE](#) to see their website.

Shelter

World Friendship Day – Remembering Friends in Hong Kong

Teresa Read

World Friendship Day was celebrated this week.

The first World Friendship Day was proposed for 30 July 1958 by the World Friendship Crusade. Much later, in 2011, the 30th July was designated as the International Day of Friendship by the General Assembly of United Nations.



World Friendship Day reminded me of my first internet project with sixth formers in two schools in Hong Kong. This was just before the “Handover” in June 1997.

“In 1984 Britain agreed to hand back the whole territory to China. The Sino-British Joint Declaration promised that Hong Kong’s social, economic and legal system would be protected for fifty years. The Chinese used the phrase: “one country two systems”. The Basic Law details how Hong Kong should be governed.



On 1st July 1997 Hong Kong became a [Special Administrative Region](#) of the People’s Republic of China.

Over the years, at international

internet exhibitions, I met many groups from Hong Kong with exciting projects. One project was promoted in Stockholm by the Hong Kong police “Policing Disease” using the police’s IT criminal tracking system to track down the outbreak of SARS (Severe acute respiratory syndrome) in Hong Kong. I was quite surprised to find out that the outbreak started in the very hotel where I stayed on my visit to meet teachers and students in 1997.

Like many who have associations with Hong Kong it is very sad to see the current situation. I am sure that our thoughts are with those in Hong Kong who acknowledge the impact the UK had on laws and governance seen by many as beneficial.

To return to World Friendship Day, after leaving Hong Kong I continued working on projects with people around the world, an exciting time when the internet was in its early years and Twickenham was at the forefront of this change in communication.



Hong Kong: the [Joint Declaration](#), [House of Commons Library](#)

A ROYAL EXPERIENCE AT HAMPTON COURT

The Kings Arms, opposite the Bushy Park Gate at Hampton Court, has been closed for some time now, and we were worried that it might end up as luxury flats or offices. But no, phew, it has been very lovingly refurbished and the result – a dog-friendly pub in a boutique hotel – is a triumph!



The place has been in existence as a pub, hotel or inn for longer than any other business in the area. It is believed it started as a shop that sold beer made on the premises, but it was granted a licence in 1709. With Queen Anne on the throne the Inn was originally the Queens Arms, but by 1772 it had changed sex to the Kings Arms, with King George III on the throne.

We set off with Crystal Poodle in tow to check out the menu. The executive chef is Michelin-starred Mark Kempson, who created the menu that is prepared and presented by head chef Jack Scoines.



We were in The Six restaurant (the wives of Henry VIII of course) in the bar where dogs are welcome. We started with drinks and delicious, warm, homemade sourdough bread. The menu is well composed with sharing boards, and side dishes (from £3). My husband started with Smoked Eel on Toast, Crushed Egg, Beetroot and Watercress (£8.50) and I chose Crispy Ham Hock, Minted Peas, Shallot



and Gem Lettuce (£8.00). The wafer thin slices of smoked eel were very delicate and the dish beautifully presented with beetroot being a perfect partner. I wasn't expecting croquettes from the menu description, but was pleasantly surprised; they were really good, with smashed fresh peas and salad. The starters were both excellent and either would also make a good light lunch.

The Six Burger, Smoked Onions and Spiced Tomato Relish (£15.50) caught my husband's eye, and it was refreshing to be asked if he wanted it medium or well done (medium recommended). Roast Halibut, Smoked Bacon, Grilled Gem, Garlic Buttermilk (£17.50) was perfect for me on a summer evening. And I opted for a Palace Garden Salad (from round the back in the Palace kitchen garden no less!) to accompany it.



Well, the chip I stole was delicious. Piping hot and really crispy on the outside and absolutely perfect. The burger, thankfully, not served on a paper napkin, or a wooden board, was declared very acceptable and well seasoned. My halibut was fabulous, perfectly cooked and seasoned, with the most divine sauce and accompaniments.



We shared a British cheese board (£10), something else that would be perfect for a light lunch. The cheeses were at the ideal temperature and a well-balanced mix. My husband finished with British Red Fruits, Vanilla and Baked Strawberry Ice Cream (£7.50) that was very swiftly demolished.

There is a good wine list, with plenty of choices by the glass from £6 (£21 a bottle), which allowed us flexibility to pair with our food.

The atmosphere at The Six is relaxed, friendly, the staff knowledgeable and all seemed genuinely proud of the establishment in its new guise. The décor has been sympathetically styled to give a modern edge to this lovely old building, but keeping the atmosphere and many of the



important historical elements.

We'll definitely be back to The Kings Arms – and quite soon!

Jack Scoines is doing a demonstration of the Kings Arms' signature Dexter steak dish this Sunday – August 4 - at 1.30 at the [Middlesex Food Festival](#) in Sunbury. It promises to be a great day out so maybe I will see you there?

AFTERNOON TEA WEEK

With afternoon tea week approaching on the 12-18th August, it's a great time to indulge yourself and a friend or loved one with an afternoon tea experience. I noticed that Buy a Gift has some special offers at the moment with loads of options: chocolate, gin, traditional, themed and plenty more. There are already lots of special offers on their website, including this one below at the London Hilton Park Lane (£49 down from £78 for two people) but you can also use the code **19TEAWEEK** to get **15% off all vouchers for afternoon teas – till 18 August**. You could get ahead of yourself with your Christmas shopping!



Richmond upon Thames College supports immersive storytelling project StoryFutures

Over last year, Richmond upon Thames College (RuTC) supported the bid to launch the brand new collaborative project, StoryFutures.

StoryFutures is a project based in the Gateway Cluster, which comprises several universities, colleges and businesses based in west London, Surrey, Hampshire, Buckinghamshire and Berkshire. The project is led by Royal Holloway University of London and the National Film and Television School and focuses on research and development in the creative industry. Partners of StoryFutures include Brunel University, University for the Creative Arts, BBC Studios, The National Gallery and Sony Interactive Entertainment. Contributors



are promoting and working on immersive storytelling with the newest technology to support the growth of the UK's creative sector to be the most skilled in the use of virtual, augmented, mixed and cross reality.



RuTC is committed to support StoryFutures to expose Art, Media and IT students to the newest technologies in the sector and show them the creative career possibilities on offer. For the college's internal Progression Days, Royal Holloway University of London came in to host creative workshops for our students and invited them to take part in virtual reality sessions. Students were able to experience the wide range of virtual

reality themselves and develop an understanding of the project.

The first StoryFutures project involved a collaboration with The National Gallery, tackling the challenges of immersive art. Through the use of virtual reality, visitors experienced 'Virtual Veronese'. Instead of looking at paintings, original lighting conditions, soundscape and music of the real-life setting are added through technology. The next StoryFutures project will be set up at Costa Coffee Heathrow Airport Terminal 5 Arrivals Hall and will explore new ways to support sustainability and recycling of coffee cups.

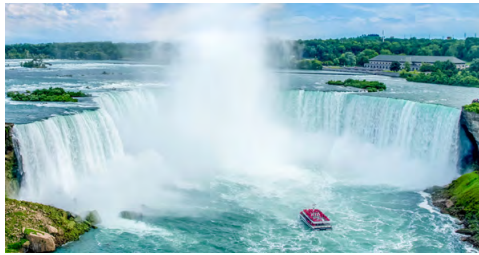


**Richmond upon
Thames College**

A GREAT TIME TO ENJOY COLD !!!

By Bruce Lyons

As we hover between extreme heat, piercing Sun, Thunderstorms and floods we get an influx Of Colder hemisphere enquiries and a flurry of emails that collide with them painting a colourful picture Of the diversity of Alternative Travel.



A cool offer from Newmarket, but one that could suit most sets the scene with a £1000 off per couple on a “New England and Canada in the Falls” 12 day escorted tour, Including Niagara Falls, Canada’s Maple Leaf Trail and New England’s Autumn Colours, departing 15th September was £2549 now £2049 each

Thinking about a different Xmas ? How about 10 days in Antarctica on a small ship cruise, The Sea Spirit , 110 cabins sailing out of Ushuaia in Chile on the 18th of December for an 11 day Expedition in the one of Nature’s wonderlands, an experience of a lifetime with berths starting at £7595 , excluding international flights.



The Antarctic is a photographer’s paradise and there are wonderful short 4 day cruises with guest UK photographer, Nori Jemil , on board, again sailing from Ushuaia to Punta Arenas In Tierra del Fuego or vice versa in December & February, on the somewhat larger vessel - the Ventus Australis , prices on request.



Prefer something simpler for this Summer but just cooler? How



about a 9 day Baltic and Russian Cruise on the Norwegian Getaway sailing from Copenhagen on the 18th of August, prices (excluding flights) from £529 Icebergs anybody?! You want to see an Iceberg then head off to Newfoundland Labrador (believe it or not there are direct flights to St Johns from London) and join a small group tour for a week- Icebergs, Whales, Puffins and more.....best in May & June prices around £3k.

But there more to cold - Greenland Iceland Spitzbergen, the Artic and Far East Russia even the North Pole !!!

And then we have our Winter Artic Scene with the Santa Trips and the Northern Lights and Ice Hotels fun for all and diverse choice.



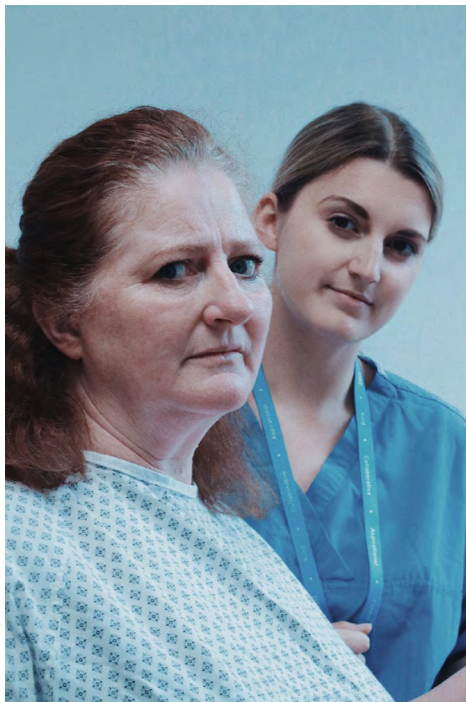


Bed 13

by Marcia Kelson

Putney Arts Company, Old Sorting Office, Barnes, until 19th July

During the war, my mother was a nurse, who dealt with injured airmen. After we, all six of us, had all grown up a bit, she returned to nursing as a dental nurse in the outpatients department of the local hospital. She was involved in supporting the A&E's work with survivors of road accidents, fights and other traumatic events. It wasn't unusual for her to come home having assisted in stabilising the facial injuries of some poor sot who had come off his motorcycle so that the trauma team could focus on other priorities. I offer this information as I think it's relevant to declare I have a particular interest in this musical play.



Bed 13 is a new piece, which was nominated for the *Papatango New Writing Prize*. Putney Theatre Company is normally associated with the Putney Arts Centre, so is playing away, but making a pretty good fist of it.

I'm sure that many of us are familiar with the problems facing the NHS and offer opinions and solutions in the abstract. This script has great strength in focussing on real people and the effects on them. The writer Marcia Kelson, who also directs, draws on her experience as an NHS researcher to provide characters that are well drawn, believable and developed throughout the play, as are the situations they face.

The action moves through the black comedy that is the means by which front-line staff deal with these situations, to pathos, to tragedy, in the death of a patient and the reaction of staff to it.

There is also a treatment of the growing corporate nature of the NHS and the politics within it.

Musically, the numbers felt appropriately crafted into the action and dialogue. The chorus numbers work well and there are some lovely duets, including a glorious soft-shoe routine, *Doctor-Patient Song*, using crutches as walking canes – well, you would, wouldn't you?

Read Vince Francis's review at www.markaspen.com/2019/07/17/bed-13

Photography by Benjamin Copping

Our Terrace Gardens Planter Needs some Help !!!!

By Shona Lyons, Twickenham Garden Guerrilla No 2

In 2010 it all seemed a good idea Con (Con O'Brien), then the acting town centre manager in Richmond, had the impulse to spread a little colour on Richmond Hill (with a Planter) and on Hill Rise with a Flower Boat

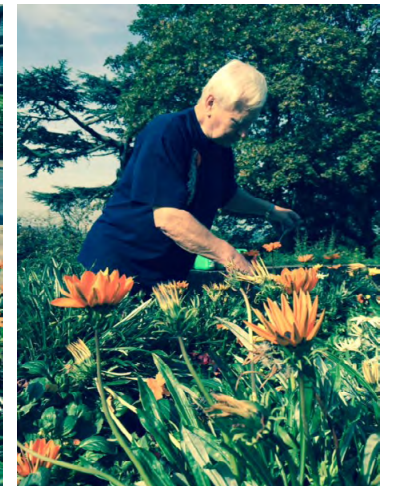


And he asked us The Twickenham Garden Guerrillas if we would care for it if he funded the planting, as we already looked after our street (Church Street Twickenham and a couple of other places around . So we did but he moved on and the funding dried up and , as there was no water, we had to drive all the water up in our Estate Car (now gone!!)

So, whilst it has been fun it is getting tricky to manage – very time consuming

And the gardeners boy is growing up (85 yrs next week)

It has been good and often really impressive- but we need a solution as we still have our Twickenham Plantings to look after and the Travel Agency to run as well. We will replant this week again but if anyone has an idea of how to take care of it please email shona@crusadertarvel.com or call 020 8744 0474



TRAVELLER'S TALES 41

THE HOLY MOUNTAIN

DOUG GOODMAN SPENDS TIME ON MT. ATHOS WITH THE MONKS



At 2,000 meters Mt. Athos towers above the southern tip of the Athos Peninsula in the north of The Aegean. Part of the Greek State, the Monastic Republic is controlled by a council formed by the abbots from each of the 20 monasteries. Entry is by visa issued by the Holy Mt. Pilgrims' Bureau in Thessaloniki. Only 10 non-Greek Orthodox males are permitted to land on the peninsula each day and stay for maximum of four days. Women and all female animals except cats are banned. At 60 kms. long and 8-10 kms. wide the land is rugged with many fortified monasteries built high above the sea. Visitors who take the tourist boat from Ouranoupolis on a four hour trip can view the monasteries from 500 meters. Dolphins follow the cruise and you'll occasionally spot patrol boats ensuring that no unauthorised landings are attempted.

MONASTIC LIFE

Our guide, Father Makarios, met us at the tiny port of Daphne from where the large group of monks travelling with us departed for their respective monasteries. A short but very rough ride in our four-wheel drive truck took us to our home, the Monastery of Simonas Petras. Built on a steep hillside with wooden balconies hanging precariously from stone walls, it was a dramatic sight. Over strong coffee, loukoumia, (Greek Delight never Turkish Delight), ouzo and chilled water we began our discussion on the rules that govern the lives of some 2,000 monks who live and work on Mt. Athos. Monasticism is the renouncing of all worldly possessions and retreating into a solitary existence to achieve close communication with God through prayer, study and work. We were told that the patron and protector of all on Athos is The Mother of God who landed on Athos during a storm in the 9th century and was so taken by the beauty of the land that she asked her Son to give her the Mountain. The Holy Mountain was consecrated and ever since Mt. Athos has been the cradle of the Orthodox Religion and the centre of Eastern Christianity.



Contemplation



Donkey Train



Sign with Athos Double Headed Eagle

Coenobitic is the word used to describe the way of life chosen by the monks: accommodation, food, prayer and work are communal. In charge of each monastery is an abbot elected for life by those monks who have completed a period of six years on the Mountain. The governing committee of Athos consists of an elected Chief Abbot and representatives from each of the 20 monasteries.

The monastic day is divided into three parts of eight hours each: prayer, work and sleep. Monks have assigned duties: a gate keeper, a Kabinaris who beats the Simantron – a wooden gong to summon everyone to prayer, a custodian of the Holy Relics, a master of ceremonies, a reader of lessons in the church, a baker, a monk in charge of food and the communal dining room, someone to care for animals, a monk to look after guests and many more specific duties.



Icon Painting



The Capital Karyes



Five of the Twenty Abbots

Food is frugal as eating is a necessity not a pleasure. The diet consists of pulses, bread, olives, soups, vegetables and fruit. Wine and water are always provided at meals. Meat is banned. I found the locally produced food quite delicious but soon realised that it was essential to eat quickly. The monks and guests assembled in a large hall and waited for the abbot and entourage to arrive. A monk would spend the entire meal time reading from the Bible. When the abbot began to eat everyone started and when he put his fork down on the tin plate you stopped eating!

The tradition of offering hospitality to visitors is maintained with food and lodging provided free. One of the journalists asked Fr. Makarios why monks came to Athos, many never wishing to leave. The answer was that the community was nearer to God than the 'outside' world and that they dedicated their lives to saving the world. We were invited to assemble in the church at dawn to take part in the day's first prayers before visiting the capital Karyes.

Next week Doug visits the monasteries of Vatopedi, St. Pantaleimon and Stavronikita to meet the Abbots and see some of the treasures of Athos.

St Mary's University Update

St Mary's University Alumnus Added To Iconic Cricket Honours Board

Former St Mary's University, Twickenham student and professional cricketer, Tim Murtagh, has been added to the Lord's honours board after taking a five-wicket haul for Ireland against England earlier today.



Murtagh – who graduated in 2003 with a degree in [Sport Science](#) – stunned the newly crowned Cricket World Cup champions at Lord's (known as 'the Home of Cricket') as he took five wickets for just 13 runs.

The accomplishment came during the opening session of the first ever Test match between the England and Ireland international teams. Murtagh's five-wicket haul was the 184th to occur at Lord's in an international cricket match, all of which are listed on the Lord's honours board.

During his time studying at St Mary's,

Tim Murtagh played on a number of occasions for Surrey County Cricket Club and represented Great Britain as part of the British Universities cricket squad.

As well as playing international cricket for Ireland, Murtagh has been playing country cricket for Middlesex since 2007 and has amassed over 600 First-Class wickets for the county.

Speaking of his time at St Mary's, Head of Sport Andrew Reid-Smith said, "Tim was a member of an outstanding St Mary's men's cricket team that played in the BUCS Premier League against universities such as Oxford and Cambridge.

"He's a highly skilled and experienced opening bowler, an excellent first-class player for Surrey and now Middlesex and it's wonderful to see him performing so well at Test level." Murtagh's achievement at Lord's follows on from his success in 2018 when he received Ireland's 'Men's International Player of the Year' award.



St Mary's
University
Twickenham
London

FOOTBALL FOCUS

By Alan Winter

BRENTFORD FC



This is it! The new season finally arrives today with Brentford hosting Birmingham City at Griffin Park to kick off the last ever season at their home of 115 years. The plan is very simple. Get promoted to the premier league and then start next season in their new ground playing in the top level for the first time since 1946-47 when they were relegated to the 2nd division. Well, we are allowed to dream aren't we!

What's been going on behind the scenes this week? As I write this on Friday afternoon (2nd) the main talking points are surrounding the potential loss of all four of last season's main forwards.

Neal Maupay is not far away from signing for Brighton for £20 million according to most pundits. A real penalty box poacher, the fiery Frenchman is exactly the sort of ruthless goalscorer Brighton need. He scored 28 times for The Bees last season with Brentford demanding £20 million for his services – a fee that would force Brighton to break their transfer record for the second time this summer. Aston Villa and Sheffield United are both interested but Brighton are currently in pole position. £20 million might make Maupay the most expensive player in Brighton's history but Premier League survival is priceless. The former Nice and St Etienne forward could be the difference between staying up and going down.

Said Benrahma has been the subject of a £14 million bid from Aston Villa which Brentford turned down. Said is still recovering from an injury that forced him to miss the African Nations Cup in the summer. He is due to re-join first team training next Monday so we won't be seeing him on the field against Birmingham City.

Ollie Watkins is being chased by Crystal Palace who entered an £11 million bid yesterday. This is an interesting situation because Ollie has only been with the Bees for two seasons having joined for £1.8 million from Exeter City. Could be good business for Brentford who have just signed Polish footballer of the year Joel Valencia who also happens to be a winger!

Sergi Canos is another Bees crowd favourite. The 22 year old who can play as a forward or in midfield has already spent time with Barcelona, Liverpool and Norwich City and is in his second spell with Brentford. Rumoured to be a target for at least two premier league clubs at present.

Brentford's Captain **Romaine Sawyers** eventually signed for West Bromwich Albion for a fee of around £3 million last Saturday morning. The 28 year old has spent three successful years with the Bees. With just one year left on his Brentford contract this looks a good piece of business for Brentford who have some very good younger midfield players ready to make their mark this season.

Justin Shaibu has re-joined Boreham Wood on a season-long loan. The 21 year old striker

spent 10 months with The Wood last season, scoring 13 times in 46 games as the squad fought to an 18th place finish in the Vanarama National League. He also scored a hat-trick in the First Round of the FA Trophy in a 3-1 win over Torquay United after Extra Time. Head Coach Thomas Frank said of the departure: "Justin enjoyed a great loan spell with Boreham Wood last season. We are pleased he is getting an opportunity to re-join them and continue where he left off last season."

Theo Archibald has left Brentford to join Macclesfield Town on a free transfer. The Scottish winger has agreed a one-year contract with Sol Campbell's side following a successful trial in preseason. Justin joined Brentford B in July 2016, earning his promotion to the First Team a year later. He made his senior Brentford debut against Cheltenham Town in the Carabao Cup on 7 August 2016 and has so far managed six league appearances in red and white stripes.

Joel Valencia Brentford have completed the signing of Ecuadorian winger César Joel Valencia Castillo for a fee thought to be around £1.8 million. The 24-year-old officially joined The Bees on Wednesday, subject to international clearance. Joel Valencia – as he is best known – joined Brentford from Gliwicki Klub Sportowy Piast Gliwice, the current champions of Poland, and has signed a four-year contract.

Joel spent the past two years with Piast Gliwice and, last season, helped them win the national title for the first time. His performances in a variety of attacking midfield roles earned him the Polish Player of the Year award. He scored six goals in 33 games last term, contributing a similar number of assists.

Polish football expert, Christopher Lash, describes Valencia as; "A really intelligent player who directed Piast Gliwice's title winning side last season. He's clever with the ball, a good passer, with good movement and is deceptively strong for a small player. His best position is behind a lone striker." Many Brentford fans feel this deal could signal the departure of **Ollie Watkins** who has been heavily linked with a move to Crystal Palace

So goodness knows what the Brentford team will look like today. It's going to be exciting whoever plays. It shows how well Brentford have done at bringing in quality young players from the lower leagues and selling them on a couple of years later at a good profit. This policy is getting the club closer and closer to the premier league as the team improves year on year.

Come on you Bees!

HAMPTON & RICHMOND BOROUGH

National League South matches commence today (Saturday August 3rd) with the Beavers away at Chelmsford City. Kick off is at 3.00.

Match report in the Tribune next week.



2019/20 Tyrrells Premier 15 fixtures confirmed

The Rugby Football Union (RFU) has today announced the fixtures for the 2019/20 Tyrrells Premier 15s season. Download the full fixture list for each club [here](#).

The league, heading into its third campaign, kicks off on 21-22 September. It will once again be played over 18 rounds, culminating with play-offs and a title final on 30 May 2020 (venue TBC).

With no promotion or relegation last season as was the case in the inaugural competition, there are no changes to the 10 teams within England's top flight of women's domestic rugby, operating in a league format with home and away fixtures. As with last season, the top four teams will play their semi-final over one leg, hosted at the respective grounds of the first and second ranked team after the conclusion of the regular season.

Holders Saracens Women kick off their campaign with a trip to Bristol Bears while Richmond make the short journey to The Stoop to face newly re-branded Harlequins Women, runners-up for the last two seasons. Elsewhere, last year's semi-finalists Loughborough Lightning play at home against Darlington Mowden Park Sharks while Wasps are also at home to face Worcester. Firwood Waterloo take on Gloucester Hartpury in the remaining opening round fixture.

Harlequins Women has also announced the 2020 edition of their annual Game Changer fixture, where they will play Wasps FC Ladies on 11 April at The Stoop in a celebration of the women's game. The following weekend Wasps FC Ladies will face Richmond F.C., this time in the Big Swarm at Twyford Avenue.

The first two seasons saw the division's official Twitter and Instagram accounts grow to more than 10k followers combined and more than 90 players earned senior international call ups across the 10 teams. The development league continues this season with clubs required to field a second XV in that competition driving standards across each club as players develop and push for places in the first team.

RFU Head of Women's Performance Nicky Ponsford said: *"We've witnessed continued progress over the first two campaigns and know we're in for another exciting seven months of rugby. We've seen some player movement in the off season so we are expecting the competition to be even tighter than it was last year which is great for all of us and really underlines how competitive the league has become."*

"Last season, the standard of the league was fantastic and it was great to see so many players go on to represent the Red Roses and perform on the international stage. It's a real whole-game effort and we are very much looking forward to continuing our work with clubs to help grow the women's game."

Tyrrells' Marketing Manager, Sarah Lawson, said: *"We are incredibly proud of our partnership with the RFU, and to be sponsoring the inaugural elite women's rugby competition, Tyrrells Premier 15s."*

"The past season has been fantastic with the introduction of the ground-breaking pro-contacts for the England Women's team; a positive step that has changed the landscape of women's rugby for the future. We are determined to continue helping the RFU increase participation and interest in the women's game and encourage greater numbers of spectators to attend women's matches."

"As another iconic English brand, we have built a great relationship with the RFU and look forward to the season ahead and taking the game to new heights."

The RFU has been working internally to agree the mechanism for teams to come in and out of the league for year four. Further detail on this process will be confirmed later this month.



England Women U20s win Tri-Nations Cup

England Women U20s were victorious in the Tri-Nations Cup, defeating Canada 24-15 at Loughborough University. It followed last weekend's 62-0 victory over USA in the competition.

The young Red Roses led 7-0 at the break against Canada via Jodie Mallard's try and a Lucie Skuse conversion. Canada themselves then led 15-7 through tries from Emma Feldinger, Lizzie Gibson as well as Shoshana Seumanutafa's penalty, however tries from Ebony Jefferies, Holly Cunningham and Jessica Thomas won the game for England.

The opening score came via Mallard, who burst through the pack of Canada to cross before relentless pressure after half-time saw Feldinger cross for the visitors. Gibson scored a second Canada try with a Seumanutafa penalty giving them an eight-point lead. Jefferies' try and a Skuse conversion reduced that deficit to a point, while Cunningham finished a hard-fought and well worked try. And late on Thomas sealed victory, touching down in the corner for a 24-15 win.

England Women U20s head coach Jo Yapp said: *"Overall the tournament has been brilliant for the players' development. Being in this environment for over two weeks and being able to play two games and back up those two games is a really important part of their learning - you can see that in the way the girls have come together. In terms of this particular game, we knew Canada was going to be a tough encounter and that they are a strong and physical side. It was everything we expected it to be. We didn't make it easy for ourselves at times and made quite a lot of mistakes but what we're really proud of is the mental resilience that the team had. Even when we went down on the scoresheet, to come back and show belief we could turn it around is something we're very happy with."*

England Women U20s

Starters

15. Carys Cox, Worcester Warriors Women/ Cardiff Metropolitan University
14. Beth Wilcock, Harlequins Ladies/ Brockenhurst College
13. Phoebe Murray, Bristol Bears Women/ Bristol University (Vice-captain)
12. Ellen Ramsbottom, Loughborough Lightning/ Loughborough College
11. Cara Clarke, Worcester Warriors Women/ University of Bath
10. Lucie Skuse, Bristol Bears Women, Bristol Bears Women (Vice-captain)
9. Jodie Mallard, Loughborough Lightning/ Loughborough College
1. Akina Gondwe, Worcester Warriors Women/ University of Worcester
2. Connie Powell, Gloucester-Hartpury Women/ Hartpury College
3. Florence Long, Bristol Bears Women/ SGS College Filton
4. Iona Antwis, Gloucester-Hartpury Women/ Hartpury College
5. Hollie Cunningham, Bristol Bears Women/ Exeter University
6. Ebony Jefferies, Bristol Bears Women/ University of Exeter
7. Tabitha Copson, Gloucester-Hartpury Women/ Hartpury College (Captain)
8. Anya Richmond, Loughborough Lightning/ Loughborough College

Finishers

16. Eleanor Febrey, Gloucester-Hartpury Women/ Hartpury College
17. Lauren Leatherland, Worcester Warriors Women/ University of Worcester
18. Jessica Thomas, Bristol Bears Women/ University of Exeter
19. Bryony Field, Loughborough Lightning/ Loughborough College
20. Amelia Harper, Loughborough Lightning/ Loughborough College
21. Flo Robinson, Pulborough RFC
22. Emma Hardy, Loughborough Lightning/ Loughborough University
23. Megan Varley, Worcester Warriors/ Coventry University



Half Page

Quarter Page
Landscape

Quarter Page Portrait

Eighth Page

Eighth Page
Landscape

Example advert sizes shown above

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Published by:

Twickenham Alive Limited (in association with World InfoZone Limited)

Registered in England & Wales

Reg No 10549345

The Twickenham Tribune is registered with the ICO under the Data Protection Act, Reg No ZA224725

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